

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M BACKSTROKE MEN 13-14 Heat:6, starttime: 14:41

Heat: 6/6 Lane : 6 Athlete: PROUVÉ VIKTOR Q-time: 01:08:43

PB (25m pool): 01:08.43 Pelt 27/09/2026 PB (50m pool): 01:12.45 SB: 01:08.43 Pelt 27/09/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.64		01:08.43	
		00:32.64		00:35.79	
					

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16 Heat:3, starttime: 15:06

Heat: 3/4 Lane : 6 Athlete: VANDERLINDEN PAULIEN Q-time: 00:31:73

PB (25m pool): 00:31.73 LEUVEN 23/11/2025 PB (50m pool): 00:33.38 SB: 00:32.93 Leuven 04/10/2026

	2 5 M	5 0 M	
PB		00:31.73	
		00:31.73	
			

Coach feedback:

Event number: 19: 50M BREASTSTROKE MEN 15-16 Heat:3, starttime: 15:26

Heat: 3/3 Lane : 6 Athlete: VAN HOOFF COBE Q-time: 00:32:56

PB (25m pool): 00:32.56 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:33.45 SB: 00:32.83 Leuven 04/10/2026

	2 5 M	5 0 M	
PB		00:32.56	
		00:32.56	
			

Coach feedback: